

Between Promise and Peril: Artificial Intelligence as a Contested Catalyst for Research Development in Tunisia

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Keywords	Abstract
scientific research, higher education, AI literacy, socio-technical systems, Global South	Artificial intelligence (AI) is increasingly positioned as a catalyst for research development in the Global South, yet empirical evidence on how researchers themselves engage with it remains scarce, particularly in Maghrebian contexts where the literature has concentrated on teaching and student support rather than scholarly practice. This study addresses that gap through a mixed-methods design that examined AI adoption, its epistemological implications, and its institutional-ethical conditions among 100 researchers in Tunisian higher education. Data were collected via a structured online questionnaire combining closed-ended items (analysed descriptively using SPSS [Version 27]) and open-ended items (analysed through Braun and Clarke's six-phase thematic analysis), interpreted through strategic-applicative, philosophical-systemic, and socio-technical-ethical lenses. Results show that AI use is widespread but discipline-shaped: engineering and exact-science researchers favour modelling and simulation, while humanities and social-science researchers favour translation and synthesis. Half of the respondents (50%) identified declining creativity and critical thinking as the principal obstacle to use, positioning epistemic rather than technical concerns at the centre of adoption. Strong normative support for transparency (80% favouring attribution of AI-generated content) coexists with a marked demand for institutional guidance, revealing a behavioural-normative asymmetry between cautious use (65% occasional) and ethical expectation. These findings indicate that AI's developmental value is conditional: access alone does not translate into epistemic autonomy unless accompanied by discipline-sensitive literacy, contextually grounded tools, and explicit governance. The study contributes an empirically grounded account of AI's dual promise and peril in a Global South research system, with implications for research policy, AI literacy, and Open and Distance Learning practice.

Introduction

Artificial intelligence (AI) is reshaping higher education and research. AI now supports information retrieval, data analysis, scientific writing, and decision-making across universities. Governments treat AI as a strategic resource for innovation, but adoption carries risk: recent



studies point to over-reliance on generative tools, declining critical engagement, ethical uncertainty, and algorithmic bias (UNESCO, 2021; Verboom et al., 2025; Yang & Peters, 2026). In Tunisia, constrained research capacity and uneven institutional readiness sharpen these risks, making AI adoption a question of equity and research development, not just technology (Selwyn, 2019; Zawacki-Richter et al., 2019).

Yet most existing research concentrates on teaching and student support while leaving researchers unexamined. Evidence from North Africa remains especially scarce, with published work concentrated in Europe, North America, and East Asia (Eubanks, 2018; Selwyn, 2019). The present study addresses this gap directly, offering mixed-methods evidence — quantitative patterns combined with qualitative accounts — from Tunisian universities.

Three complementary lenses structured the analysis: the strategic-applicative lens examined adoption patterns and their contribution to research productivity; the philosophical-systemic lens explored how AI shapes knowledge production, critical thinking, and epistemic autonomy, and the socio-technical-ethical lens considered how institutional support and governance shape responsible use. We connect technological adoption to developmental and ethical outcomes, structuring the study's four variables: patterns of use, perceived benefits, cognitive and institutional challenges, and attitudes toward responsible practice.

Research Objectives and Questions

Three objectives follow from this framework. The study examined how Tunisian researchers use AI throughout the research process; it investigated the perceived cognitive and epistemological implications of this use; and it identified the institutional and ethical conditions needed for responsible integration. As a secondary line of inquiry, these findings are considered for their relevance to Open and Distance Learning (ODL), where similar tensions around ethical responsibility, critical thinking, and responsible AI use already shape learner support and institutional practice (Adewale et al., 2024; Agersnap et al., 2025; Hamidon et al., 2025; Rugube et al., 2024).

Three focused research questions guided the inquiry:

- RQ1. How do Tunisian researchers utilise AI tools across the different stages of the research process?
- RQ2. What are the epistemological and cognitive implications of AI integration for researchers, specifically regarding changes in critical thinking, creativity, and knowledge production?
- RQ3. What social, institutional, and ethical factors shape the responsible and effective use of AI in Tunisian research environments?

Theoretical Framework

This study drew on three complementary theoretical lenses: the strategic-applicative, the philosophical-systemic, and the socio-technical-ethical. They form a deliberate analytical sequence — from macro-level adoption patterns, through epistemological shifts, to institutional and ethical conditions. Together they support a multi-layered reading of AI in a Tunisian research environment (Selwyn, 2019; Williamson, 2017).

The strategic-applicative lens concerns the practical implementation of AI in research settings — adaptive tools, automation, and data-driven work (Achariya, 2025; Saman et al., 2025; Zawacki-Richter et al., 2019). In this study, it informed the first research question: how AI is adopted across disciplines and research stages.

The philosophical-systemic lens addresses AI's deeper epistemological implications — how it reshapes knowledge production, authorship, and intellectual autonomy (Connell, 2007; Kotsis, 2025; Mignolo, 2011). It underpins the second research question, examining whether efficiency gains come at the cost of epistemic independence, a tension especially salient in Global South contexts (Kraemer-Mbula et al., 2020; UNESCO, 2021).

The socio-technical-ethical lens focuses on institutional and human conditions — trust, governance, and organisational support shaping responsible AI use (Jellani & Abubakar, 2025; Verboom et al., 2025; Zuo et al., 2025). It guided the third research question, linking institutional capacity and ethical governance to responsible adoption in the Tunisian context.

Together, these three perspectives provide a coherent framework for analysing AI adoption in Tunisian research institutions. The strategic lens explains patterns of AI use, the philosophical lens examines their implications for knowledge production, and the socio-technical lens explores the institutional and ethical conditions that influence responsible implementation. This integrated framework therefore guided the organisation of the analysis and provides the basis for interpreting the quantitative and qualitative findings reported in the subsequent sections.

Methods

Research Methodology

This study employed a mixed-methods design to investigate how Artificial Intelligence (AI) is shaping research practices in Tunisian higher education. The quantitative component examined patterns of AI use, perceived benefits, and perceived challenges through structured questionnaire items. In contrast, the qualitative component explored participants' experiences, concerns, and expectations using open-ended responses. Integrating numerical trends with participants' narratives enabled a more comprehensive understanding of AI adoption than either method could provide independently (Creswell & Plano Clark, 2018).

Population and Sample

The target population consisted of researchers affiliated with Tunisian higher education and research institutions. A convenience sampling strategy was adopted because the study sought responses from researchers across different academic disciplines, institutional affiliations, and career stages who were actively engaged in research. A total of 100 valid questionnaires were analysed (Table 1). Participants represented a diverse academic profile, including doctoral researchers, early-career academics, and senior faculty members from multiple disciplinary fields (Table 2). Although convenience sampling limits statistical generalisability, it is appropriate for exploratory studies examining emerging phenomena such as AI adoption.

Table 1: Population Sample with Scientific Domains

		Frequency	Percentage	Valid Percentage	Cumulative Percentage
Valid	Exact Sciences	4	3.0	4.0	4.0
	Social Sciences	29	22.0	29.0	33.0
	Engineering Sciences	18	13.6	18.0	51.0
	Health Sciences	8	6.1	8.0	59.0
	Humanities	28	21.2	28.0	87.0
	Others	13	9.8	13.0	100.0
	Total (valid)	100	75.8	100.0	
Missing	System	32	24.2		
Total		132	100.0		

Table 2: Population Sample with Career Stage

		Frequency	Percentage	Valid Percentage	Cumulative Percentage
Valid	Master's Students	16	12.1	16.0	16.0
	Junior researchers (PhD)	29	22.0	29.0	45.0
	Senior researchers (Pr, educator, PA)	30	22.7	30.0	75.0
	PhD Students	25	18.9	25.0	100.0
	Total (valid)	100	75.8	100.0	
Missing	System	32	24.2		
Total		132	100.0		

Data Collection Instruments

Data were collected using a structured online questionnaire comprising both closed-ended and open-ended questions. The closed-ended items collected information on participants' demographic characteristics, AI usage patterns, perceived benefits, challenges, and attitudes towards AI integration. Responses were primarily measured using categorical and Likert-type scales. The open-ended questions invited participants to describe their experiences with AI, identify perceived opportunities and risks, and propose recommendations for improving AI integration. These qualitative responses provided contextual explanations for the quantitative findings and allowed the identification of themes that could not be captured through a structured survey. To strengthen content validity, the questionnaire was developed from the contemporary literature on AI in higher education and research, and reviewed before dissemination to ensure clarity and relevance.

Data Collection and Analysis Procedure

Data were collected electronically during the study period using an online questionnaire distributed through academic and professional networks. Participation was voluntary, and respondents were informed of the purpose of the study and that their responses would be treated confidentially.

Quantitative data were analysed using descriptive statistics, including frequencies and percentages, to identify patterns of AI adoption and researchers' perceptions using SPSS (Version 27). The qualitative responses were analysed using thematic analysis following the six-phase framework proposed by Braun and Clarke (2006): familiarisation with the data, initial coding, theme development, theme review, theme definition, and reporting. The qualitative themes were subsequently integrated with the quantitative findings during interpretation to explain observed patterns, strengthen the credibility of the results, and provide a richer understanding of AI adoption in the Tunisian research context.

Research Ethics

Participants were informed about the purpose of the study and assured that their responses would be anonymous and confidential. Completion of the questionnaire was taken to constitute informed consent. No identifying information was collected. All data were stored securely and used solely for academic purposes.

Findings

The results are organised according to the three research questions. For each research question, quantitative findings from the closed-ended questionnaire items are presented first, followed by qualitative findings derived from the open-ended responses.

RQ1: AI use Across the Research Process

Quantitative Results

AI use was widespread but predominantly occasional among the respondents. Of the 100 valid responses, 65% reported using AI occasionally, 30% frequently, and 5% never. Thus, AI was already incorporated into the research practices of most respondents, although systematic use was not the dominant pattern (Table 3).

Table 3: The Frequency of AI Use by Tunisian Researchers

		Frequency	Percentage	Valid Percentage	Cumulative Percentage
Valid	Frequently	30	22.7	30.0	30.0
	Never	5	3.8	5.0	35.0
	Occasionally	65	49.2	65.0	100.0
	Total (valid)	100	75.8	100.0	
Missing	System	32	24.2		
Total		132	100.0		

The reported uses varied across disciplinary domains. Researchers in engineering and exact sciences primarily identified modelling and simulation as their main use, with data analysis as a secondary application. Researchers in humanities and social sciences primarily identified automatic translation, followed by trend identification. Across domains, data collection and analysis and quality correction in scientific writing were also prominent uses (Table 4).

Table 4: Primary AI Use Cases by Research Domain

Domain	Primary Use Case	Secondary Use Case
Engineering and Exact Sciences	Modelling and Simulation	Data Analysis
Humanities and Social Sciences	Automatic Translation	Trend Identification
All Domains	Data Collection and Analysis	Quality Correction (Writing)

AI was also perceived as facilitating scientific writing. In Table 5, 44% of respondents reported a moderate effect, 11% reported that AI facilitated writing “a lot”, and 18% reported an “enormous” effect. Overall, 73% therefore reported at least a moderate facilitative effect. The principal reported applications included data collection and analysis (33%), modelling and simulation (27%), identification of trends and patterns (10%), writing (12%), and generation of results and conclusions (8%) (Table 6). The principal perceived benefits were data analysis and information extraction (45%), correction and improvement of quality (29%), machine translation (10%), identification of the state of research on a specific topic (8%), acceleration of writing (6%), and plagiarism detection (2%) (Table 7).

Table 5: AI as a Facilitator of the Redaction Process

		Frequency	Percentage	Valid Percentage	Cumulative Percentage
Valid	Not at all	11	8.3	11.0	11.0
	A little	16	12.1	16.0	27.0
	Moderately	44	33.3	44.0	71.0
	A lot	11	8.3	11.0	82.0
	Enormously	18	13.6	18.0	100.0
	Total (valid)	100	75.8	100.0	
Missing	System	32	24.2		
Total		132	100.0		

Table 6: General Use of AI in Scientific Writing

		Frequency	Percentage	Valid Percentage	Cumulative Percentage
Valid	Data collection and analysis	33	25.0	33.0	33.0
	Modelling and simulation	27	20.5	27.0	60.0
	Identification of trends and patterns	10	7.6	10.0	70.0
	Writing	12	9.1	12.0	82.0
	Generation of results and conclusions	8	6.1	8.0	90.0
	None of the above	10	7.6	10.0	100.0
	Total	100	75.8	100.0	
Missing	System	32	24.2		
Total		132	100.0		

Table 7: Benefits of Using AI in Scientific Writing

		Frequency	Percentage	valid Percentage	Cumulative Percentage
Valid	Acceleration of writing	6	4.5	6.0	6.0
	Correction and improvement of quality	29	22.0	29.0	35.0
	Data analysis and information extraction	45	34.1	45.0	80.0
	Machine translation	10	7.6	10.0	90.0
	Plagiarism detection	2	1.5	2.0	92.0
	State of research on a specific topic	8	6.1	8.0	100.0
	Total (valid)	100	75.8	100.0	
Missing	System	32	24.2		
Total		132	100.0		

Qualitative Thematic Findings

The open-ended responses complemented these quantitative patterns by describing AI primarily as a supporting resource for specific research tasks, rather than as a substitute for the researchers’

own work. The inductive analysis identified three closely related themes for RQ1: task-specific research assistance, accelerated access to scientific information, and language and writing support (Table 8).

Table 8: Inductively Derived Qualitative Themes for RQ1

Theme	Illustrative Codes	Empirical Indication from Responses
Task-specific research assistance	Data support; information processing; research-task assistance	Participants described AI in relation to particular research activities rather than as a replacement for the researcher.
Accelerated access to scientific information	Rapid information retrieval; state-of-the-art identification; topic exploration	One respondent described AI as facilitating the rapid acquisition of the state of research on a specific topic.
Language and scientific writing support	English writing; language assistance; text improvement	Another respondent highlighted the usefulness of AI tools for supporting scientific writing in English, particularly for non-native English users.

The qualitative responses therefore provide contextual explanations for the quantitative prominence of data analysis, information extraction, writing support, and translation. Rather than indicating a single mode of AI adoption, the responses suggest that researchers adapt AI to particular research tasks and disciplinary needs.

RQ2: Epistemological and Cognitive Implications

Quantitative Findings

The quantitative findings indicate that difficulties with AI use were common. Seventeen percent of respondents reported no difficulty, 31% reported some difficulties, and 38% reported many difficulties, while 14% indicated that they did not use AI tools (Table 9). The most frequently identified obstacle was lack of creativity and critical thinking, selected by 50% of respondents. This was followed by responsibility and ethics (34%) and lack of contextual understanding (15%). Quality and accuracy was selected by only 1% (Table 10).

The distribution therefore places cognitive and epistemological concerns ahead of technical concerns in respondents' perceptions of AI-related difficulties.

Table 9: Difficulty Using AI

		Frequency	Percentage	Valid Percentage	Cumulative Percentage
Valid	No difficulty	17	12.9	17.0	17.0
	Some difficulties	31	23.5	31.0	48.0
	Many difficulties	38	28.8	38.0	86.0
	I don't use AI tools	14	10.6	14.0	100.0
	Total (valid)	100	75.8	100.0	
Missing	System	32	24.2		
Total		132	100.0		

Table 10: Obstacles to Using AI

		Frequency	Percentage	Valid Percentage	Cumulative Percentage
Valid	Quality and accuracy	1	.8	1.0	1.0
	Lack of contextual understanding	15	11.4	15.0	16.0
	Lack of creativity and critical thinking	50	37.9	50.0	66.0
	Responsibility and ethics	34	25.8	34.0	100.0
	Total (valid)	100	75.8	100.0	
Missing	System	32	24.2		
Total		132	100.0		

Qualitative Thematic Findings

The inductive thematic analysis of the open-ended responses identified a dominant concern about the possible consequences of excessive reliance on AI for independent reasoning. This theme complements the quantitative finding that lack of creativity and critical thinking was the most frequently reported obstacle (Table 11).

Table 11: Inductively Derived Qualitative Themes for RQ2

Theme	Illustrative Codes	Empirical Indication from Responses
Risk of excessive reliance	Dependence on AI; over-reliance; delegation of cognitive work	Participants expressed concern that excessive dependence on AI could reduce researchers' active engagement with the research process.
Preservation of independent reasoning	Independent thinking; critical judgement; researcher autonomy	Responses raised concerns about maintaining researchers' own reasoning and judgement when AI is used to support analytical activities.
Contextual understanding	Context sensitivity; interpretation; researcher judgement	Qualitative responses complemented the quantitative identification of contextual understanding as an obstacle by highlighting the importance of researchers' own interpretation of AI-assisted outputs.
Ethical responsibility	Responsibility for AI-assisted work; appropriate use; accountability	Responses reflected concern about the responsibility attached to using AI in scholarly activities.

The dominant qualitative pattern was therefore not opposition to AI itself, but concern about how AI is used and the extent to which researchers retain intellectual responsibility for the research process.

RQ3: Social, Institutional and Ethical Factors***Quantitative Findings***

The quantitative results indicate strong support for transparency concerning AI-assisted scholarly work. Eighty percent of respondents agreed that AI-generated information should be adequately referenced in scholarly publications, whereas 20% disagreed (Table 12). This finding should be considered alongside Table 10, where responsibility and ethics was selected by 34% of respondents as an obstacle to AI use. The two results indicate that ethical responsibility was simultaneously recognised as important and perceived as a challenge in AI-assisted research.

Table 12: Referencing of AI Generated Information

		Frequency	Percentage	Valid Percentage	Cumulative Percentage
Valid	Yes	80	60.6	80.0	80.0
	No	20	15.2	20.0	100.0
	Total (valid)	100	75.8	100.0	
Missing	System	32	24.2		
Total		132	100.0		

Qualitative Thematic Findings

The open-ended responses provide further insight into the ethical dimension of AI adoption. The analysis identified three closely related themes: researcher responsibility and accountability and transparency in AI-assisted scholarly work (Table 13).

Table 13: Inductively Derived Qualitative Themes for RQ3

Theme	Illustrative Codes	Empirical Indication from Responses
Researcher responsibility and accountability	Responsibility; human oversight; accountability	Participants' responses emphasised the continuing responsibility of researchers when AI contributes to scholarly work.
Transparency and attribution	Referencing AI-generated information; disclosure; academic integrity	The qualitative evidence is consistent with the strong quantitative support for referencing AI-generated information.
Responsible boundaries of AI use	Appropriate use; ethical use; researcher judgement	Responses indicated that the usefulness of AI is linked to responsible use rather than unrestricted delegation of scholarly tasks.

The qualitative findings therefore reinforce the normative orientation observed in the quantitative responses: participants did not appear to regard AI-generated material as independent of scholarly responsibility.

Synthesis of the Mixed-methods Findings

The integrated findings (Table 14) reveal a consistent pattern across the three research questions.

Table 14: Integrated Quantitative-qualitative Findings by Research Question

Research Question	Quantitative Evidence	Qualitative Themes	Integrated Empirical Finding
RQ1: AI use	Occasional use predominates (65%); frequent use 30%; major applications include data analysis, modelling, writing, and information processing.	Task-specific assistance; accelerated information access; language and writing support.	AI is primarily used as a complementary resource for specific research tasks.
RQ2: Cognitive and epistemological implications	Lack of creativity and critical thinking: 50%; responsibility and ethics: 34%; contextual understanding: 15%.	Excessive reliance; preservation of independent reasoning; contextual interpretation; ethical responsibility.	The principal concerns relate to maintaining independent scholarly judgment and responsible knowledge production.
RQ3: Responsible use	80% support referencing AI-generated information; responsibility and ethics identified as an obstacle by 34%.	Researcher accountability; transparency and attribution; responsible boundaries of use.	Researchers express strong support for transparency while recognising the responsibility involved in AI-assisted research.

Overall, the mixed-methods integration demonstrates that the numerical patterns and participants' accounts address complementary dimensions of AI adoption. The quantitative strand establishes the prevalence and distribution of AI use, perceived benefits, challenges, and ethical attitudes. The qualitative strand provides contextual explanations of how researchers experience these issues. The combined evidence portrays AI adoption among the participants as neither wholly transformative nor wholly disruptive: researchers recognised practical benefits while simultaneously seeking to preserve independent reasoning, contextual judgment, and ethical responsibility.

Discussion and Implications

This study examined AI adoption among Tunisian researchers through three complementary lenses — strategic-applicative, philosophical-systemic, and socio-technical-ethical. Three findings stand out: AI adoption was heterogeneous and discipline-shaped rather than uniform; the main concerns researchers reported were epistemic (critical thinking, creativity, contextual judgment) rather than technical; and strong normative support for transparency coexisted with a perceived lack of institutional guidance. Read together, these findings show that technological adoption, epistemic autonomy, and institutional governance are interdependent, not separable, dimensions of AI integration in a Global South research system.

Implications for the Tunisian Research Context

Discipline shapes AI use: engineering and exact-science researchers favour modelling and simulation, while humanities and social-science researchers favour translation, synthesis, and trend identification — confirming AI's role in research efficiency (Achariya, 2025; Saman et al., 2025), but showing that adoption follows disciplinary epistemologies rather than a single technological pathway. Capacity-building should follow suit: computational fields require

training in AI-assisted modelling and verification, humanities and social-science fields in source evaluation, translation accuracy, and generative-AI ethics.

More consequential is the epistemic finding: half of the respondents identified declining creativity and critical thinking as the principal obstacle, echoing cognitive-delegation concerns raised by Selwyn (2019) and Kotsis (2025) — now grounded empirically among researchers rather than students. This carries a Global South inflection: AI can lower linguistic and informational barriers to global scholarship, but greater access does not equate to greater epistemic autonomy, since systems trained predominantly on external data and assumptions may reproduce dependency even as access expands (Kraemer-Mbula et al., 2020; Yang & Peters, 2026). The implication is not to limit AI use but to pair adoption with context-sensitive datasets, multilingual resources, and verification practices that protect local knowledge production.

Implications in Relation to Prior Research

The findings both confirm and extend the literature reviewed in the Introduction. They corroborate systematic evidence that successful AI integration depends on institutional strategy, ethical governance, and contextual adaptation, not on access alone (Segura Altamirano et al., 2026; Zawacki-Richter et al., 2019). They also move Selwyn's (2019) concerns about AI's social and cognitive consequences from an abstract risk to an empirically observed one, since Tunisian researchers themselves identified critical thinking and creativity, not infrastructure, as the central obstacle. Relative to Kraemer-Mbula et al. (2020) and UNESCO (2021), the study's specific contribution is to show empirically that equitable participation in AI-mediated research requires researchers to retain evaluative and interpretive capacity, not merely consume AI outputs. Finally, against Verboom et al. (2025), the data reveal a measurable asymmetry rarely quantified elsewhere: 80% support referencing AI-generated content, yet 34% cite responsibility and ethics as an obstacle — evidence that normative commitment to transparency currently outpaces the institutional mechanisms available to enact it.

Implications for Policy, Practice, and Open and Distance Learning

Four priorities follow for Tunisian research policy:

1. Discipline-sensitive capacity building, distinguishing technical, methodological, linguistic, and ethical AI applications rather than a single generic programme.
2. Critical AI literacy embedded in doctoral and professional training — verification, bias detection, responsible prompting, and preservation of independent reasoning — so AI augments rather than substitutes scholarly judgment.
3. Explicit institutional governance on disclosure, attribution, and accountability, adapting international reference points (African Union, 2024; OECD, 2023; UNESCO, 2021) to Tunisian conditions.
4. Support structures (AI units, training, and peer consultation) alongside regulation, since restriction alone risks pushing use underground.

These implications extend to Open and Distance Learning, where AI-mediated access already shapes participation for linguistically or geographically constrained learners (Adewale et al., 2024; Hamidon et al., 2025). The same risk identified among researchers — reduced independent reasoning under excessive reliance — applies to ODL learners, and requires equivalent safeguards: transparent AI-use policies, assessment that rewards reasoning over output, and reflective AI-literacy training (Agersnap et al., 2025; Rugube et al., 2024). As the

present data were not collected from ODL populations, this extension is offered as a theoretically grounded inference rather than a direct empirical claim.

Original Contribution and Directions for Further Research

The study's principal contribution is empirical: it integrates AI adoption behaviour, epistemic consequence, and institutional-ethical condition within a single Global South dataset — dimensions the literature typically treats separately — and identifies a behavioural-normative asymmetry (65% cautious use vs. 80% support for transparency) offering a testable basis for future governance research. Priority directions include larger, stratified samples across public and private institutions; longitudinal designs tracking whether AI literacy eases critical-thinking concerns over time; psychometric validation of the instrument; and comparative studies across Maghreb and African research systems to test whether these patterns are Tunisia-specific or regional. Overall, the evidence reframes the policy question from whether AI should be adopted to under what conditions it strengthens, rather than substitutes, human judgment and local knowledge production.

Conclusion

Our study examined AI adoption, its epistemic implications, and its institutional conditions among Tunisian researchers. Three findings anchor the contribution: AI use is heterogeneous and task-dependent rather than a substitute for expertise; concerns are epistemic rather than technical, with half of respondents citing declining creativity and critical thinking as the main obstacle; and strong support for transparency coexists with a clear demand for institutional guidance. The core contribution is empirical: access to AI does not by itself translate into research development, since its value depends on researchers' capacity to evaluate outputs critically and adapt them to local knowledge contexts — a finding with particular relevance for Global South research systems. Read against the study's limitations (non-probability sample, self-reported data), the central challenge for Tunisia is not whether to adopt AI in research, but how to integrate it so that it strengthens, rather than substitutes for, human judgment and academic integrity.

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